Herfstcriterium 2026: Session: 3: COACH Evaluation sheet for TEAM: AST

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bahnmüller Michael

Coaches: Bahnmüller Jana HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:11, starttime: 09:20

Heat: 11/19 Lane : 1 Athlete: MEGANCK LIO — **Q-time: 01:32:34**

PB (25m pool): 01:32.34 Sint-Niklaas 11/01/2026 **PB (50m pool):** 01:32.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.19		01:32.34	
		00:44.19		*00:48.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:13, starttime: 09:25

Heat: 13/19 Lane : 7 Athlete: DE WOLF TINE — **Q-time: 01:30:25**

PB (25m pool): 01:29.69 Diksmuide 19/11/2023 **PB (50m pool):** 01:32.02 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:29.69	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:10, starttime: 10:20

Heat: 10/10 Lane : 7 Athlete: KEYMEULEN ALBERT — **Q-time: 00:39:11**

PB (25m pool): 00:39.22 EEKLO 04/10/2026 **PB (50m pool):** 00:39.11 **SB:** 00:39.22 EEKLO 04/10/2026

	25 M	50 M	
PB		00:39.22	
		00:39.22	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH Evaluation sheet for TEAM: AST

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:16, starttime: 10:40

Heat: 16/20 Lane : 1 Athlete: MAES HANNE — **Q-time: 00:34:76**

PB (25m pool): 00:34.76 T ROSCO 12/10/2025 **PB (50m pool):** 00:35.77 **SB:** 00:35.99 EEKLO 04/10/2026

	25 M	50 M	
PB		00:34.76	
		00:34.76	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:16, starttime: 10:40

Heat: 16/20 Lane : 7 Athlete: MEGANCK LIO — **Q-time: 00:34:74**

PB (25m pool): 00:36.13 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 00:34.74 **SB:** no time

	25 M	50 M	
PB		00:36.13	
		00:36.13	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:19, starttime: 10:40

Heat: 19/20 Lane : 8 Athlete: DE WOLF TINE — **Q-time: 00:33:21**

PB (25m pool): 00:33.79 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 00:33.21 **SB:** no time

	25 M	50 M	
PB		00:33.79	
		00:33.79	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:4, starttime: 11:55

Heat: 4/11 Lane : 6 Athlete: KEYMEULEN ALBERT — **Q-time: 01:49:35**

PB (25m pool): 01:50.31 EEKLO 04/10/2026 **PB (50m pool):** 01:49.35 **SB:** 01:50.31 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:52.93		01:50.31	
		00:52.93		*00:57.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: